

HIGH HOLY DAYS 2020

WISHING YOU A SWEET NEW YEAR



WELCOME MESSAGE FROM THE SHUL

These are not the High Holy Days we chose, but they are the High Holy Days we are proud to be sharing with you, even under these difficult circumstances.

With the current limitations in place as well as the acknowledgment that best practice could change at a moment's notice, we have worked diligently to provide not the same services that you are used to, but instead, what we believe to be as meaningful experiences as possible to enter into the new year. There will be times where we can gather in-person and others where we will watch together from a distance. There will be opportunities to share inspiring programming together and others to reach deeply into our own hearts and explore our relationship with the Divine. There truly is something for everyone, presented in every way, this High Holy Day Season.

These High Holy Days will be unlike any we have ever experienced, but we believe that this booklet will demonstrate that deep meaning and spiritual connection are still possible. These High Holy Days can inspire in ways never before possible, but for them to succeed, the responsibility will fall more to you to take advantage of those opportunities. The synagogue is eager to provide the resources and support necessary to take that spiritual journey in this new year and we cannot wait to travel together into 5781, as part of an extraordinary community, in an extraordinary year, with extraordinary possibilities. Because wherever this new year takes us, we will do it together.

Shannah Tovah, a sweet, happy, and most importantly, healthy New Year to one and all,

The KBI Team

THANK YOU

Thank you to everyone who has already joined/rejoined the synagogue this year. There will be an immense amount of meaningful content these High Holy Days, much of which will only be available to members in good standing. Both in-person opportunities at the synagogue as well as the live-stream of our services are two examples of member-only offerings. Please go to the synagogue website or contact the office to renew your membership for this year and avail yourself of all the outstanding High Holy Day services and programs at KBI.

PRE ROSH HASHANNAH PROGRAMMING

SATURDAY SEPT 12

CONSERVATIVE MOVEMENT SELICHOT

On September 12, 2020, following Shabbat, the Conservative Movement will offer seven hours of learning sessions, musical moments, and Selichot services. This coast to coast Conservative Movement experience will stretch from Haydalah on the East Coast to midnight on the West Coast and will enrich our community's preparation for the High Holy Day season.

All Evening · www.kehillatbethisrael.com/highholydays

SUNDAY SEPT 13

KEVER AVOT SERVICE

Join your clergy at Jewish Memorial Gardens for a special service to remember our departed loved ones.

10:30 AM – Bank Street Cemetery

11:00 AM – Osgoode Cemetery

“BILVAVI” SPIRITUAL PREPARATIONS FOR THE HOLIDAYS

Rabbi Eliezer Azikri taught “I will build a tabernacle in my heart to glorify God's honour.” Sometimes the place where we find God isn't external but internal instead. As we prepare to experience the High Holy Days primarily from home, join Rabbi Kenter as we explore how to create our own “Temple in Miniature” in our homes and in our hearts.

8:00 PM · <https://us02web.zoom.us/j/5249597355>

WEDNESDAY SEPT 16

FINAL LIVE-STREAM TRAINING

Are you not yet comfortable with the technology to fully actualize the KBI High Holy Day experience? Come to KBI on Wednesday afternoon and evening and get all the training you'll need. Feel free to bring your own tablet or laptop, though one will be present for teaching purposes as well.

2-4 PM & 7-9 PM · In-person

Please contact the office if you would like to register at info@kehillatbethisrael.com

EREV ROSH HASHANNAH

FRIDAY SEPT 18

ADULT ROSH HASHANNAH SEDER

As we begin Rosh Hashannah, let's all join together in celebration, focusing on the unique rituals and symbols of the holiday. We will eat, drink, learn and explore together as we prepare to welcome in the New Year in new and exciting ways.

5:00 PM · <https://kehillatbethisrael.shulcloud.com/event/adult-seder.html>

EVENING SERVICES

Mincha/Maariv for Rosh Hashannah. Lift off for the High Holy Days together with your clergy, family, and friends.

To register for this service, please go to: <http://kehillatbethisrael.shulcloud.com/event/erev-RH.html>

6:00 PM · In-Person & Live-Stream

CANDLELIGHTING

6:51 PM · At Home

ROSH HASHANNAH DAY 1

SATURDAY SEPT 19

RH 1 MORNING SERVICES

This special High Holy Day Service will be held over live-stream from 9:30 am-12:00 pm (a further breakdown of the timing will be forthcoming)

9:30 AM · Live-Stream

RH 1 MINCHA SERVICE

To register for this service, please go to: <https://kehillatbethisrael.shulcloud.com/event/RH-Mincha.html>

5:00 PM · In-Person

CANDLELIGHTING

After 7:50 PM · At Home

ROSH HASHANNAH DAY 2

SUNDAY SEPT 20

RH 2 MORNING SERVICE

This special High Holy Day Service will be held over live-stream from 9:30 am-12:00 pm (includes Shofar Blowing at the conclusion of the service)

9:30 AM · Live-Stream

SHOFAR BLOWING

Over the course of the afternoon, Shofar blowings will take place around the city, led by various community organizations. There will be 3 opportunities to hear the shofar led by KBI. The first opportunity to hear the blasts will be on the front lawn at KBI.

12:15 PM – KBI front lawn

3:00 PM – Centrepointe Park

4:45 PM – Westboro Beach

MINCHA/TASHLIKH

Following a brief afternoon service, we will toss away our sins into the Ottawa River.

5:00 PM · At Westboro Beach

HAVDALAH

7:49 PM · At home

YOUTUBE CHANNEL

This year, we have also created YouTube recordings of the entire High Holy Day liturgy. This will allow you to enjoy the full service before, during, and after the holidays themselves. To access the KBI YouTube channel, please go to: www.kehillatbethisrael.com/highholydays

YOM KIPPUR

SUNDAY SEPT 27

PRE-YOM KIPPUR HIKES/NATURE WALKS

Get in touch with God by getting in touch with nature. Join your KBI family for hikes and nature walks around the National Capital Region.

10:00 AM

PINHEY FOREST TRAIL. Meet at the year-round parking location (P14), access from behind the Nepean Sportsplex. This trail is accessible.

PINE GROVE TRAIL. Meet at parking location P18, which is off of Davidson Rd.

PRE-YOM KIPPUR MINCHA & INTERACTIVE YIZKOR SERVICE

Join together with your family and friends as we recall our loved ones of blessed memory and dedicate ourselves to lives of meaning in their memories.

2:00 PM · <https://us02web.zoom.us/j/504561823>

KOL NIDRE

The powerful introduction to Yom Kippur will be shared as a community over the congregational live-stream.

6:00 PM · Live-Stream (including our special pre-recorded processional and virtual KBY choir rendition of Kol Nidre)

CANDLELIGHTING

6:34 PM · At Home

MONDAY SEPT 28

YOM KIPPUR MORNING SERVICES

This special High Holy Day Service will be held over live-stream from 9:30 am-12:30 pm (a further breakdown of the timing will be forthcoming)

9:30 AM · Live-Stream

YOM KIPPUR LEARNING SESSIONS

There will be opportunities for learning either outside (weather permitting) or inside the shul. Topics TBA.

1:00-2:00 PM · In-Person

2:00-3:00 PM · In-Person

HEALING SERVICE

An opportunity to pray for healing for ourselves, our families, and our world.

3:45 PM · In-Person

MINCHA/NEILAH

The closing services of Yom Kippur.

4:30-6:30 PM · Live-Stream

MAARIV/HAVDALAH/SHOFAR

Come together with your KBI community over Zoom or in person to bring the High Holy Days season to a close.

You can access this service at:

<https://zoom.us/j/886548503> or you can register to participate in-person at: <https://kehillatbethisrael.shulcloud.com/event/Maariv-Havdalah.html>

Following the service, feel free to stay on Zoom and schmooze with others as you break the fast from your homes.

7:30 PM – Zoom & In-Person Outdoors at KBI



ADDITIONAL PROGRAMMING & SUPPLEMENTARY MATERIALS

While many Jewish holidays are about the external, the High Holy Days are about focusing on the internal. In order to maximize your personalized holiday experience, we are providing for you ready-made educational materials, readings, and activities. These unique offerings will enrich your experience in new and meaningful ways. To access these High Holy Days supplements, please go to: www.kehillatbethisrael.com/highholydays

SEPT 21 - SEPT 25

MOMENTS AT THE ARK

Throughout the week between Rosh Hashannah and Yom Kippur, the sanctuary will be open to give you a few minutes at the ark for personal prayer and reflection. Everyone will be allotted 10 minute windows to assure that physical distancing is maintained. To register, please go to: www.kehillatbethisrael.com/highholydays

All-Day · In-Person

WEDNESDAY SEPT 23

TASHLIKH

A second opportunity to toss away our sins for those unable to attend on Rosh Hashannah.

RAIN DATE: Thursday, September 24

5:30 PM · Mooney's Bay (meet in the parking lot)

SEPT 25 - SEPT 26

SHABBAT SHUVAH

Shabbat Services In-Person, over Zoom, and Live-Stream.

6:30 PM FOR FRIDAY KABBALAT SHABBAT · 9:30-11:30 AM FOR SATURDAY MORNING

Friday Kabbalat Shabbat via Zoom: <https://zoom.us/j/886548503>

SATURDAY MORNING SERVICES:

To register for the livestream, please visit: www.kehillatbethisrael.com/highholydays

To register to participate in-person, please visit: <https://kehillatbethisrael.shulcloud.com/event/shabbat-services>



HIGH HOLY DAYS SCHEDULE IDEAS

This year's High Holy Day programming is much more DIY than usual. It will be up to each of us to craft a structure to each of our holiday days that is most meaningful for ourselves and our families. We wanted to assist you in this process by providing some examples of how you might choose to structure your days to create as inspiring a High Holy Days as possible. You'll find below 2 examples for adults for 2 different days as well as one for young families to consider.

These are not meant to be followed exactly as presented but to serve as inspiration for what is possible.

EREV ROSH HASHANNAH

4:45 PM

Your bubble (*who were invited over for the evening*) arrive

5:00 PM

Join the Rosh Hashannah Seder with Rabbi Kenter on Zoom

5:30 PM

As you eat appetizers and drink wine, you explore one of the suggested High Holy Days materials or play the spotify playlist in the background

5:55 PM

You transition to your at-home prayer space

6:00 PM

Evening Services begin over Zoom

6:30 PM

As services come to an end, dinner is served!



ROSH HASHANNAH DAY 1

8:45 AM

Have a good breakfast

9:15 AM

Set up your home prayer space and make sure you are connected to the live-stream

9:25 AM

Pick a song or meditative moment to get you in the mood for services

9:30 AM

Live-Stream begins

12:00 PM

Live-Stream ends

12:30 PM

Assign to everyone at lunch (*or let them pick*) a big question/topic for discussion

12:45 PM

Enjoy lunch together as everyone facilitates part of the discussion

3:30 PM

Reflect on some of the readings shared by the congregation as you relax on the couch

5:00 PM

Mincha at KBI (*pre-register please*)

6:30 PM

RH 2 dinner. (*If yours and their bubble allows...*) Invite someone who may not otherwise have somewhere to go over for dinner

ROSH HASHANNAH DAY 2 FOR YOUNG FAMILIES

8:00 AM

Make Challah French Toast with Challah we made for Rosh Hashannah

8:30 AM

Do a Rosh Hashannah craft

9:00 AM

Get dressed for Rosh Hashannah and Prepare our prayer space

9:30 AM

Watch the KBI Family Service together

10:15 AM

Read a PJ Library Book on Rosh Hashannah

10:45 AM

Visit the KBI Main Service Livestream

11:15 AM

High Holy Day Scavenger Hunt

11:45 AM

DIY Tashlikh

12:15 PM

Lunch

1:00 PM

Rest Time

3:30 PM

Family Nature Walk

4:45 PM

Shofar Blowing and Tashlikh at Westboro Beach

5:45 PM

Dinner at home

YOM KIPPUR

9:00 AM

Find a practice that gets you in the mind space for services

9:30 AM

Live-stream of the YK Service

12:30 PM

Live-stream ends

1:00 PM

Think about your ethical will. An outline and suggestions for how to write an ethical will is found on the KBI High Holy Days webpage

3:45 PM

Healing Service at KBI

4:30 PM

Mincha/Neilah on the Live-Stream

7:30 PM

Either on the KBI Front Lawn or on Zoom, join together for Maariv, Havdallah, and Shofar Blowing

7:50 PM

If on Zoom, stay on Zoom to join together with others during your break fast

SUPPLEMENTARY CONTENT

While many Jewish holidays are about the external, the High Holy Days are about focusing on the internal.

In order to maximize your personalized holiday experience, we are providing for you ready-made educational materials, readings, and activities. These unique offerings will enrich your experience in new and meaningful ways.

To access these High Holy Day supplements, please go to: www.kehillatbethisrael.com/highholydays



HIGH HOLY DAYS SCHEDULE AT A GLANCE

EREV ROSH HASHANNAH – FRIDAY SEPT 18

Mincha/Maariv 6:00 PM
Candlelighting 6:51 PM

ROSH HASHANNAH DAY 1 – SATURDAY SEPT 19

Morning Services 9:30 AM
Mincha 5:00 PM
Candlelighting After 7:50 PM

ROSH HASHANNAH DAY 2 – SUNDAY SEPT 20

Morning Services 9:30 AM
Mincha/Tashlikh 5:00 PM
Havdalah 7:49 PM

EREV YOM KIPPUR – SUNDAY SEPT 27

Zoom Yizkor Service 2:00 PM
Kol Nidre 6:00 PM
Candlelighting 6:34 PM

YOM KIPPUR – MONDAY SEPT 28

Morning Services 9:30 AM
Mincha/Neilah 4:30 PM
Ma'ariv/Havdalah/Shofar 7:30 PM
Fast Ends 7:34 PM

KEY SUKKOT SERVICES

SUKKOT DAY 1 – SATURDAY OCTOBER 3

In-Person and Live-stream 9:30 AM

SUKKOT DAY 2 – SUNDAY OCTOBER 4

In-Person and Live-stream 9:30 AM

HOSHANNAH RABBAH – FRIDAY OCTOBER 9

At OJCS and over Zoom 8:00 AM

PRE-YIZKOR – FRIDAY OCTOBER 9

Zoom 2:00 PM

SHMINI ATZERET – SATURDAY OCTOBER 10

In-Person and Live-stream 9:30 AM

SIMCHAT TORAH EVENING – SAT OCTOBER 10

Live-stream Only 7:15 PM

SIMCHAT TORAH MORNING – SUN OCTOBER 11

Live-stream Only 9:30 AM

NEW FOR 2020: A SIMCHAT TORAH CELEBRATION MONDAY OCTOBER 12

Stay tuned for further details



Kehillat Beth Israel

For more information on all High Holy Day programming and to register for in-person services please visit www.kehillatbethisrael.com/highholydays